



**JAIN COLLEGE, J C Road Bangalore**  
**Mock Paper -1, March - 2021**  
**II PUC – Psychology (32)**

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- I. Answer the following in 1-2 sentences each: 1X10=10**
1. Define intelligence.
  2. What is personality?
  3. Expand MMPI.
  4. Mention the 2 types of stress.
  5. What is psychotherapy?
  6. Who developed Humanistic therapy?
  7. What is social categorization?
  8. Define Prejudice.
  9. Write 2 merits of projective techniques
  10. What is noise?
- II. Answer the following in 2-4 sentences each: 2X10=20**
11. A boy's chronological age is 10 and his IQ is 120. Calculate his mental age.
  12. Differentiate between individual tests and group test of intelligence.
  13. What are trait approaches to personality?
  14. Describe rationalization.
  15. What is pressure?
  16. Describe the positive effects of stress.
  17. What are the goals of psychotherapy?
  18. Write 2 merits of behavioral therapy.
  19. What are stereotypes?
  20. What is extermination?
  21. How does natural disasters influence the mental health of an individual?
  22. Mention 2 measures for poverty alleviation.
- III. Answer the following in 15-20 sentences each: 5X8=40.**
23. Explain Robert Sternberg's theory of intelligence.
  24. Write short notes on creativity.
  25. Explain Carl Jung's theory of personality.
  26. How does yoga act as a stress relaxation technique?
  27. What is cognitive therapy?
  28. Which are the major properties of attitude?
  29. Explain the different strategies to handle prejudice.
  30. Explain GAS.
  31. Write short notes on the interview method.
  32. How do we facilitate the rehabilitation of mentally ill?
  33. What is crowding? how does it effect the individual?
  34. How can we promote pro environmental behaviour?
- IV. Answer the following in 30-35 sentences each: 2X10=20**
35. Elaborate on the psychosexual stages of development proposed by Freud.
  36. Elaborate on yoga therapy.
  37. What is poverty? Explain the major causes of poverty.
  38. How are groups formed?
- Practicals**
- V. Answer the following: 5X2=10**
39. Write the plan and procedure adopted to study Maudsley Medical Questionnaire.
  40. How to study adjustment in personality using BAI.
  41. How is mental fatigue studied?

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**JAIN COLLEGE, J C Road Bangalore**  
**Mock Paper -2, March - 2021**  
**II PUC – Psychology (32)**

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- I. Answer the following in 1-2 sentences each: 1X10=10**
1. Define psychology according to Wechsler.
  2. What is creativity?
  3. What is projection?
  4. Write 2 advantages of self reporting measures.
  5. What are the behavioural effects of stress?
  6. Who systematized yoga?
  7. Who is a therapist?
  8. Expand ECT.
  9. What is aggression?
  10. Define poverty.
- II. Answer the following in 2-3 sentences each: 2X10=20**
11. If a 10 year old girl has a mental age of 14 what is her I.Q?
  12. Who introduced the concept of I.Q?
  13. Differentiate between source traits and surface traits.
  14. What is regression?
  15. What are conflicts?
  16. Describe cognitive behavioral technique.
  17. Mention any 4 goals of psychotherapy.
  18. What is systematic desensitization?
  19. What is prejudice?
  20. What is empathy?
  21. Differentiate between primary and secondary groups.
  22. Describe conformity.
- III. Answer the following in 15-20 sentences each: 5X8=40**
23. Write short notes on the history of intelligence testing.
  24. Briefly explain artificial intelligence.
  25. Explain the structure of personality according to Sigmund Freud.
  26. How do projective techniques help in assessing personality?
  27. Developing healthy habits help us in reducing stress. Explain.
  28. How do we make use of coping mechanisms in managing stress?
  29. Write short notes on existential therapy.
  30. Explain Rational Emotive Therapy.
  31. Explain the origin and growth of prejudice.
  32. Write short notes on Pro-social behaviour.
  33. Write short notes on Noise as a pollution.
  34. Explain the causes of aggression.
- IV. Answer the following in 30-35 sentences each: 2X10=20**
35. Explain the impact of television on children.
  36. Explain Erik-Erikson's theory of personality.
  37. Elaborate on the types of stressors
  38. Explain the factors influencing intelligence.
- Practicals**
- V. Answer the following: 5X2=10**
39. Write the plan and procedure adopted to study stereotypes.
  40. How do you determine the social structure and social relation by socio metric method
  41. How do we determine the personality of the subject using Sach's sentence completion test

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